



St Leonard's

C of E Primary School

Personal, Social, Health and Economic Education (PSHEE) Policy

This policy was written in:	June 2023
To be reviewed:	June 2025
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A new commandment I give you: love one another. As I have loved you, so you must love one another.'

John 13:34

With God's help, we will be inclusive, independent, inquiring and inspirational.

- We will be inclusive by loving all and embracing differences so that all are treated with dignity and respect.
- We will be independent by persevering and encouraging everyone to be the best they can be, working together as a nurturing, Christian family.
- We will be inquiring by asking questions so that we grow in mind, body and spirit, learning about God's wondrous, diverse world.
- We will be inspirational by following Jesus' example, making a positive difference in the lives of others through love.

PSHE Education Intent

At St Leonard's, PSHEE is at the core of all that we do. It enables our children to become independent, confident, resilient, healthy and responsible members of society, as well as enabling the 'whole child' to flourish intellectually, morally, socially and spiritually. Our intention is that when children leave St Leonard's, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We provide opportunities for our children to learn about what it means to be a member of an inclusive, diverse and multicultural society. We also encourage our children to develop their sense of self-worth by playing a positive role in contributing to school life and the wider school family.

Our bespoke PSHEE curriculum is designed to meet the needs of all children at St Leonard's and to equip them with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. Our Relationships and Sex Education enables our children to learn how to be safe and to understand and develop healthy relationships, both now and in their future lives. (See separate policy)

Weaving through the heart of our PSHEE teaching, is a commitment to enhancing and promoting our Christian Values. We nurture and inspire our children to be the best they can be, and ‘to love one another as the Lord has loved you’. (John 13:34). This is underpinned by our vision and is interwoven with the behaviour and ethos of our school. We therefore consider our PSHEE curriculum as a curriculum for lifelong learning.

“It is not the strongest of the species that survives, nor the most intelligent. It is the one most adaptable to change”

Charles Darwin

Aims

The aims of PSHEE at St Leonard’s Primary School are:

- To provide exciting, enjoyable learning that opens doors to knowledge and skills, the world, health and creativity.
- To show respect for all cultures and in doing so, promote positive attitudes towards other people.
- To enable children to understand their community and help them feel valued as part of their community.
- To help children grow into reliable, independent and positive citizens.
- To enable children to become confident, resourceful, enquiring and independent learners.
- To foster children’s self-esteem and help them build positive relationships with other people.
- To develop children self –esteem and encourage children to respect the idea, attitudes, values and feelings of others.
- Develop positive attitudes and values, which are accepting of differences with regard to sexual orientation or views.
- Deliver a carefully planned programme of PSHEE and RSE from EYFS to Year 6 to enable children to understand and value their bodies as well as develop positive attitudes and values towards sexuality.
- To encourage children to think about the religious and cultural attitudes around sex and relationships.
- To equip them with the knowledge and skills to be able to keep themselves safe and protect themselves from harm and abuse.
- To enable children to understand how and where they may get help and advice.
- To understand the human reproductive process in humans and animals, using the correct vocabulary for body parts.

Statutory requirements

“Today’s children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.”

“This is why we have made Relationships Education compulsory in all primary schools in England...as well as making Health Education compulsory in all state-funded schools.”

“In primary schools, we want the subjects to put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. This will sit alongside the essential understanding of how to be healthy.”

“These subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others’ wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.”

Secretary of State Foreword DfE Guidance 2019 p.4-5

At St Leonard’s Primary School, we value PSHEE as one way to support children’s development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and future learning.

We have a separate policy for Relationships and Sex Education which has been through a consultation process with our pupils, staff, governors and parents. It also follows guidance from the Blackburn Diocese.

Curriculum Delivery of PSHEE and RSE

To ensure that we meet the needs of all our children, we have implemented a cohesive and sequential curriculum that is progressive from EYFS to Year 6.

Following PSHE Association guidance, we study three main themes:

- Health Education
- Living in the Wider World
- Relationships

Our PSHEE Curriculum is aligned with the DfE Statutory Requirements for Relationship, Sex and Health Education.

To provide our children with the knowledge and skills they need, we allocate half an hour per week, to teach PSHEE education lessons and half an hour to deliver the MyHappyMind Programme. This may change based on the teachers’ planning and length of lessons. The teacher may decide that more time is needed for some lessons than others but will ensure that all outlined content is taught by the end of each half term. We create a safe and supportive learning environment and make sure all children and staff feel safe and are kind and respectful to each other during these lessons.

Appendix 1 outlines the yearly overview for PSHEE and RSE curriculum.

Appendix 2 outlines the progression of knowledge and skills for our PSHEE and RSE curriculum.

To meet the needs of all our children, content may be changed to intervene and deal with current issues. The subject leader will share key events with the whole school should it be deemed necessary for new lessons to be taught. If we find that children are at vulnerable or at risk, they will receive appropriate support through the school’s nurture team.

Our PSHEE curriculum is taught by teachers and HLTAs. RSE will be planned and taught by class teachers. In the event a class teacher is not in, something else should be planned to take its place.

Difficult questions and Sensitive Issues

Our school's PSHEE curriculum will provide opportunities for children to 'talk honestly and openly'. At the same time, we have to respect the pace of children's maturation. We feel that some topics are best postponed until the secondary school years. These are detailed in the RSE policy. See separate policy.

Confidentiality

Teachers will alert a Designated Safeguarding Lead about any concerning or inappropriate behaviour or potential abuse as per the school's Child Protection and Safeguarding Policy.

Any reports made during lessons, or as a result of the content taught through the curriculum, will be reported to the DSL and handled in accordance. This will be recorded on CPOMS.

Roles and responsibilities

The governing board

The governing board will approve the PSHEE policy and hold the headteacher to account for its implementation.

The headteacher

The headteacher is responsible for ensuring that PSHEE is taught in a carefully sequenced way within a planned programme, and for managing requests to withdraw pupils from sex education.

The PSHEE Subject Leader

The PSHEE Subject Leader is required to:

- update the schools PSHEE Policy
- establish a purposeful planning tool for PSHEE which allows teachers to effectively deliver their class content
- create an action plan to ensure PSHEE continues to improve
- ensure that the PSHEE themes are embedded in each class
- ensure that there is appropriate sequencing and progression of skills within each Key Stage for the PSHEE Curriculum, including EYFS
- liaise with the PSHEE consultant when needed
- ensure that children are given wider experiences including uses of external agencies, community involvement and visitors to school

Staff

Staff are responsible for:

- Delivering a high-quality and age appropriate PSHEE curriculum that is in line with statutory requirements.
- Using a variety of teaching methods and resources to provide an engaging curriculum that meets the needs of all pupils.
- Ensuring they do not express personal views or beliefs when delivering the programme.
- Modelling positive attitudes.
- Responding to any safeguarding concerns in line with the Child Protection and Safeguarding Policy.

Pupils

Pupils are expected to engage fully in PSHEE and, when discussing issues related to PSHEE, treat others with respect and sensitivity.

Monitoring and evaluation

The Subject Leader will monitor the impact of teaching and learning of the PSHEE curriculum through learning walks, pupil interviews, talking to staff and parents and monitoring lesson plans.

Working with External Experts

External experts may be invited to assist with the delivery of our PSHEE and RSE curriculum. Experts will be expected to comply with this policy and school will ensure that all visitor credentials are checked before they are able to participate in delivery of the curriculum. We will ensure that the teaching and delivery will fit with the planned curriculum.

Our school will agree with the expert the procedure for confidentiality, ensuring that the expert understands how safeguarding reports should be dealt with in line with our Child Protection and Safeguarding Policy.

Appendix 1:

PSHEE Yearly Overview

Appendix 2:

PSHEE Curriculum Progression of Knowledge and Skills